

Sixty Exercises in Mechanism

Goal: each finger operates separately or simultaneously with absolute precision

Remember:

- hands should be curved, with fingertips resting on top of the pearls
- TONE drives the fingers; do not sacrifice tonal purity for finger speed!

Process:

1. Repeat each measure exercises least 3 times and finish with the note after the dotted double bar
2. Accent the first note of each division of the bar
3. Slur all notes, with ascending passages played crescendo, and descending passages played diminuendo
4. If needed, take a breath after the first note in the bar

Start at tempo of quarter = 60 3 times in one breath, increasing the metronome by 2 clicks until quarter = 200

1 $\text{♩} = 60-200$ 2

3

4 5

6

7

8

9 10

11

12 13

14

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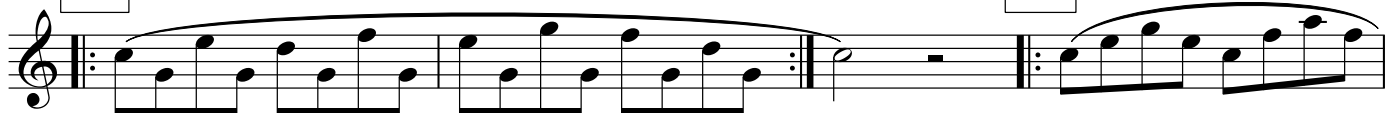
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17 18 19

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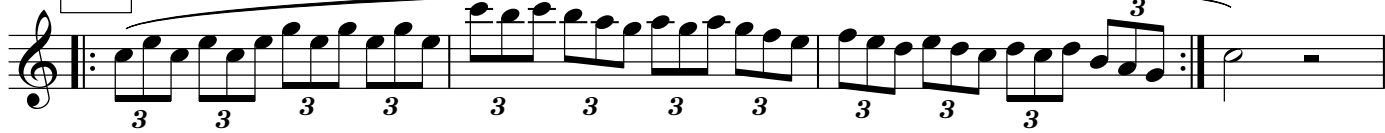
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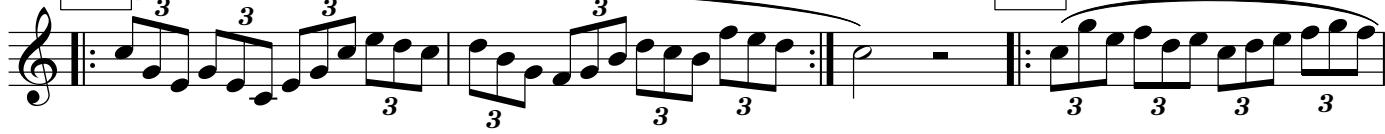


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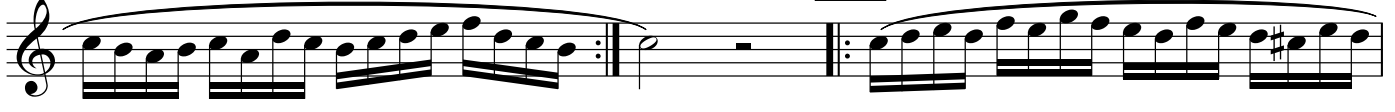
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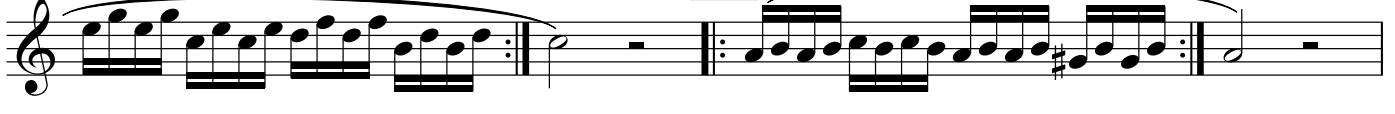
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Keep the G# key open

*Keep the D# key open

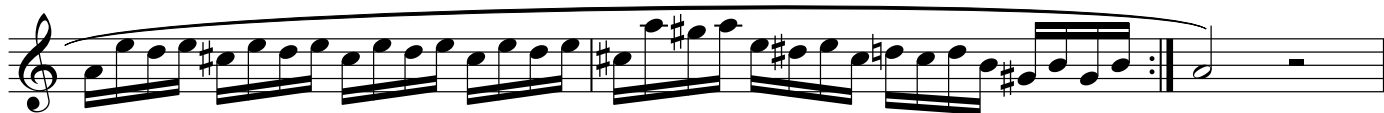
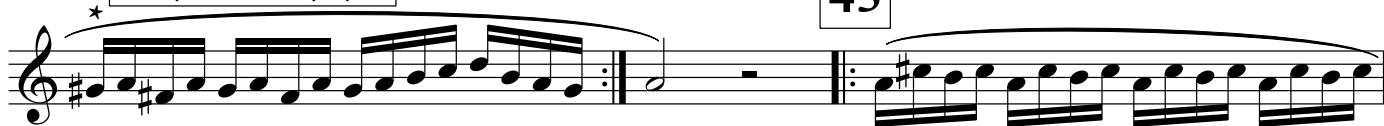


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*Keep the G# key open

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Keep the A# key open



Keep the D# key open



48

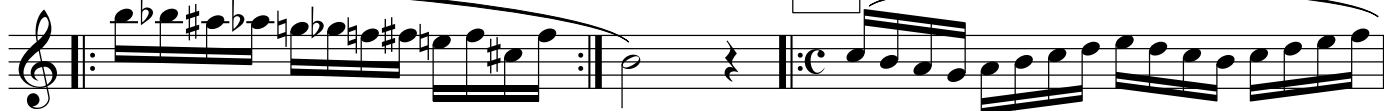
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59

60

Turn up the heat:
fingers = staccato ; airstream = legato
1. Loud = loose

2. Loud = staccato
3. Soft = supple
4. Soft = legato