

Tempo Markings

Tempo	English Translation	BPM (beats per minute)	Songs for Reference
<i>Larghissimo</i>	very, very slow	24 bpm and under	
<i>Grave</i>	very slow	25–45 bpm	
<i>Largo</i>	broadly	40–60 bpm	
<i>Lento</i>	slowly	45-60 bpm	
<i>Larghetto</i>	rather broadly	60-66 bpm	“Falling” by Alicia Keys (64 bpm)
<i>Adagio</i>	at ease; slow and stately	66-76 bpm	“Total Eclipse of the Heart” by Bonnie Tyler (66 bpm) “Let it Go” from Frozen (69 bpm)
<i>Adagietto</i>	slower than andante	72-76 bpm	“Let it Be” by The Beatles (72)
<i>Andante</i>	at a walking pace	76-108 bpm	“Chan Chan” by Buena Vista Social Club (80 bpm)
<i>Andantino</i>	slightly faster than Andante (in some cases it may be interpreted as slightly slower than andante)	80-108 bpm	“Oops I Did it Again” by Britney Spears (92) “Superstition” by Stevie Wonder (98)
<i>Marcia moderato</i>	moderately, in the manner of a march	83-85 bpm	“Pour Some Sugar on Me” by Def Leppard (84 bpm)

<i>Andante moderato</i>	between Andante and Moderato	92-112 bpm	“Nothin on You” by Bruno Mars (104 bpm)
<i>Moderato</i>	moderately	108-120	“Under Pressure” by Queen (112 bpm)
<i>Allegretto</i>	moderately fast	112-120	“Thriller” by Michael Jackson (116 bpm)
<i>Allegro moderato</i>	close to, but not quite, Allegro	116-120	“Call Me Maybe” by Carley Rae Jepson (120 bpm)
<i>Allegro</i>	fast, quick, and bright (Molto allegro is slightly faster than Allegro, but always within this tempo range)	120-168	“It’s My Life” by No Doubt (126 bpm) “No Such Thing” by John Mayer (132 bpm) “Toxic” by Britney Spears (144 bpm) “Do You Want to Build a Snowman (160 bpm)
<i>Vivace</i>	lively; fast	168-176 bpm	“Take on Me” by Aha (168 bpm)
<i>Vivacissimo</i>	very fast and lively	172-176 bpm	
<i>Allegrissimo or Allegro vivace</i>	very fast	172-176 bpm	
<i>Presto</i>	very, very fast	168-200 bpm	“American Idiot” by Green Day (184 bpm)
<i>Prestissimo</i>	even faster than Presto	200 bpm and over	

Terms for tempo change:

<i>Rallentando</i>	gradually slowing down
<i>Ritardando</i>	gradually slowing down (not as much as Rallentando)
<i>Ritenuto</i>	immediately slowing down
<i>Stringendo</i>	gradually speeding up (slowly)
<i>Accelerando</i>	gradually speeding up (quickly)